



## Excavations don't have to be big to cause BIG problems

Presented by James McRay, Trench Safety Specialist  
Efficiency Production – An Arcosa Shoring Products company



# ARCOSA

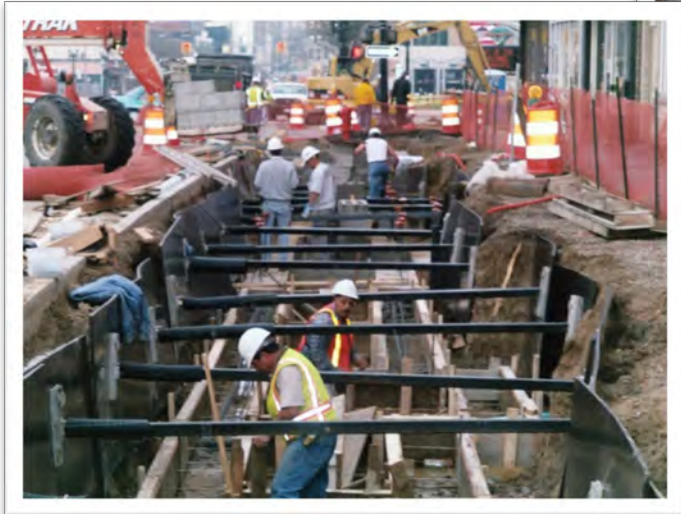
SHORING PRODUCTS



# UNDERGROUND CONSTRUCTION TECHNOLOGY

The Underground Utilities Event | July 13-15, 2021 | Music City Center | Nashville, TN

Every day, companies and their safety personnel are faced with excavation challenges.







# UNDERGROUND CONSTRUCTION TECHNOLOGY

The Underground Utilities Event | July 13-15, 2021 | Music City Center | Nashville, TN

Coordination to ensure all elements are in place to help maximize potential profit can be accomplished long before excavation begins.





# UNDERGROUND CONSTRUCTION TECHNOLOGY

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This includes choosing the best option for protective systems such as shielding and shoring equipment based on expected obstacles.





When time allows and resources are available – planning prior to start is critical for project success.


But what about the little excavations being done every day?

Do we need to apply the same effort to excavations of less magnitude?

Let's look at a few considerations....

**SAFETY**





# **OSHA 29 CFR - Part 1926 - Subpart P EXCAVATIONS**

This subpart applies to all open excavations made in the earth's surface. Excavations are defined to include trenches. 1926.650(a)





## SAFETY & OSHA Subpart P

Subpart P has no minimum size or depth regarding application of standards

An **excavation** is defined as:

**“Any man-made cut, cavity, trench or depression in an earth surface, formed by earth removal.” §1926.650**



## SAFETY & OSHA Subpart P

The ***Competent Person*** is defined as:

**“One who is capable of identifying existing and predictable hazards in the surroundings, or working conditions which are unsanitary, hazardous, or dangerous to employees, and who has authorization to take prompt corrective measures to eliminate them.” §1926.650**



## SAFETY & OSHA Subpart P

### Hazards Identified

- Surface Encumbrances
- Underground Installations
- Access and Egress
- Exposure to Vehicular Traffic
- Exposure to Falling Loads
- Hazardous Atmospheres
- Water Accumulation
- Stability of Adjacent Structures
- Protection From Loose Rocks or Soil
- Fall Protection

**These hazards  
may be present in  
any size  
excavation**



## SAFETY & OSHA Subpart P

A **Cave-In** is defined as:

**“Separation of a mass of soil or rock material from the side of an excavation, or the loss of soil from under a trench shield or support system, and its sudden movement into the excavation, either by falling or sliding, in sufficient quantity so that it could entrap, bury, or otherwise injure and immobilize a person.”**  
**§1926.650**

This hazard is **ALWAYS** present in any size excavation



## SAFETY & OSHA Subpart P

**5 FT RULE....**





## SAFETY & OSHA Subpart P

### Safety and Health Regulations for Construction

#### Subpart: P Excavations

#### 1926.652 - Requirements for Protective Systems

##### (a) Protection of employees in excavations.

(1) Each employee in an excavation shall be protected from cave-ins by an adequate protective system designed in accordance with paragraph (b) or (c) of this section except when:

(i) Excavations are made entirely in stable rock; or

(ii) Excavations are less than 5 feet (1.52 m) in depth and examination of the ground by a competent person provides no indication of a potential cave-in.

(2) Protective systems shall have the capacity to resist without failure all loads that are intended or could reasonably be expected to be applied or transmitted to the system.



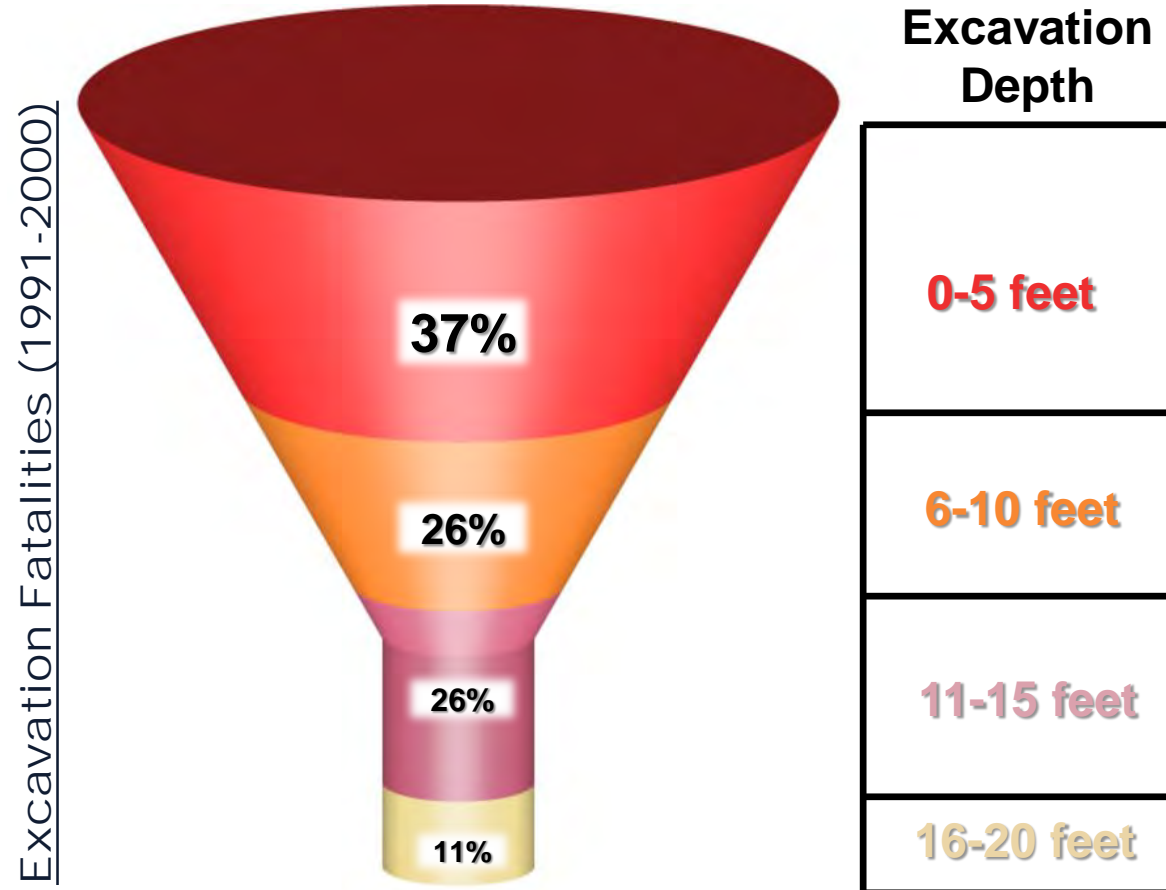
**5 FEET DEEP =  
MUST HAVE**

**Less than 5 Feet =  
If POTENTIAL for cave-in**



## SAFETY & OSHA Subpart P

- Hazard and depth may be opposite of what you assumed...





## SAFETY & OSHA Subpart P

Which excavation seems more dangerous?





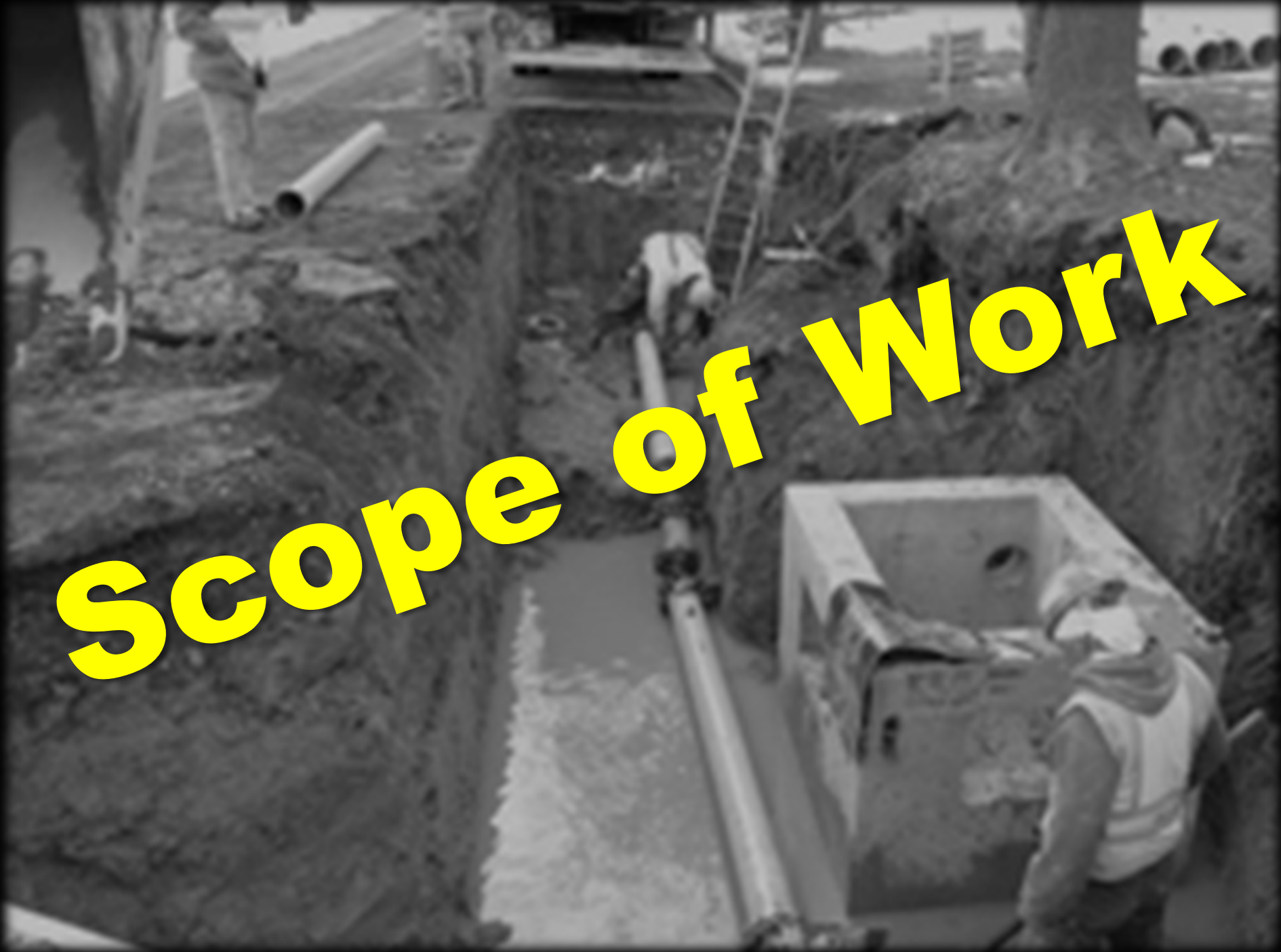


## SAFETY & OSHA Subpart P

Depth & Size are not the only factors...



# Scope of Work





## Scope of Work

Does the work to be performed allow for prior planning?

### Scheduled



Installation/Maintenance

### Emergency



Repair



## Scope of Work

### Scheduled work

When work is a scheduled excavation – time is available to assess the expected obstacles and choose the best equipment needed.





## Scope of Work

### Scheduled work

An initial assessment can be made regarding which of the three *trench protective systems* will provide safest work conditions and best production.



Sloping



Shielding

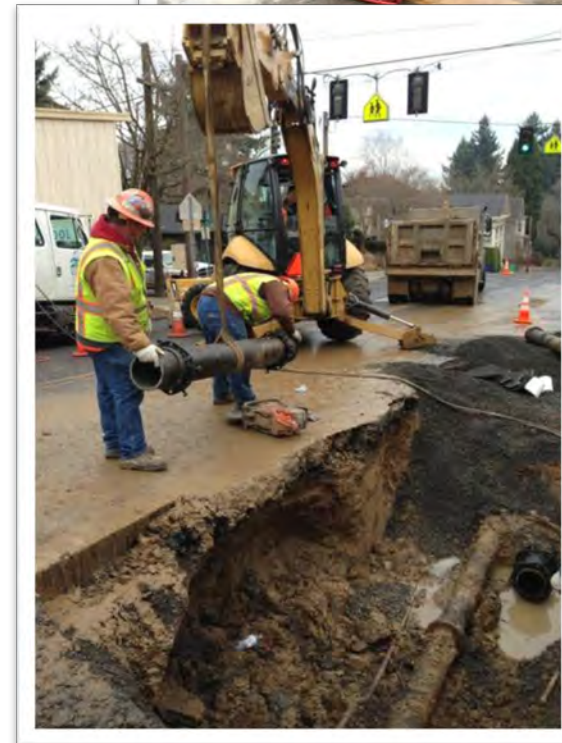


Shoring

## Scope of Work

### Emergency Work

- Emergency or unscheduled repair work taxes the company and Competent Person due to the many unknown conditions and the limited planning time
- The use of sloping is common because of inherent flexibility and no requirement for equipment other than excavator



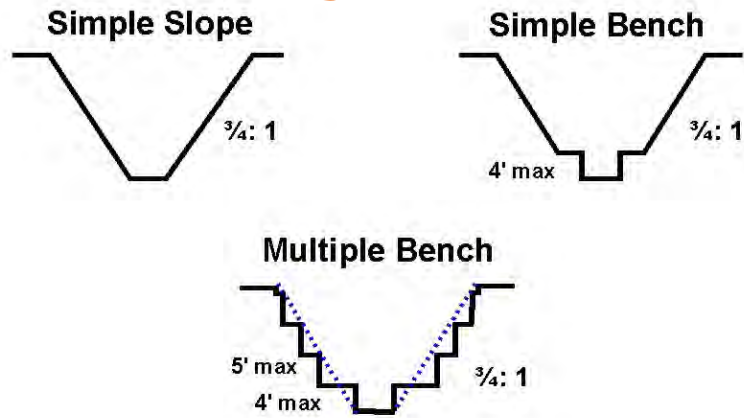


## Scope of Work

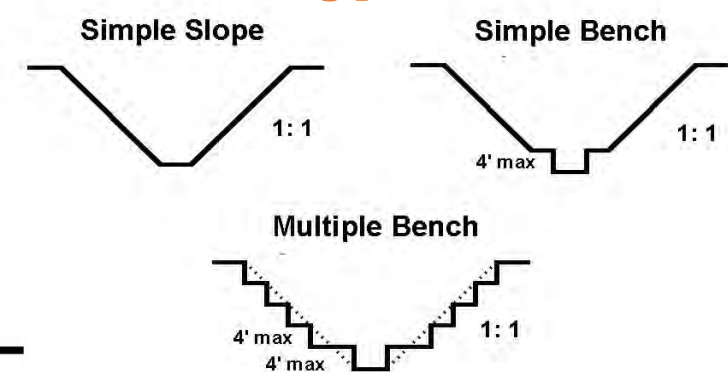
### Emergency Work

When using a slope as protection – always refer to *29 CFR 1926 Subpart P Appendix B – Sloping* to ensure slope is properly constructed.

#### Type A



#### Type B



#### Type C





## Scope of Work

### Emergency Work

Some employers choose to have an emergency repair trailer stocked and ready to go.





**Available  
Equipment**

**EFFIGENCY**  
PROTECTION, INC.  
AMERICA'S TRENCH BOX BUILDER  
800-552-8800



## Available Equipment

- A variety of equipment is available for projects completed with smaller excavators or in restricted work areas
- The demand for safe and productive excavation in these situations has led manufacturers to develop purpose built equipment to meet this demand
- Each manufacturer will build a unique design that fills a particular need in the industry
- The following slides show types of systems available and the problem they are designed to solve



## Available Equipment

**Trench Shield:** A protective shield strong enough to protect employees from hazard of cave-in, but light enough to be handled by the backhoe or excavator

### Steel Trench Shield



### Aluminum Trench Shield





## Available Equipment

### Steel Shield Variations

#### Traditional 2-Sided with Spreaders





## Available Equipment

### Steel Shield Variations

### Manhole Shield





## Available Equipment

### Steel Shield Variations

#### Inner Shield Liner – “Telescoped”

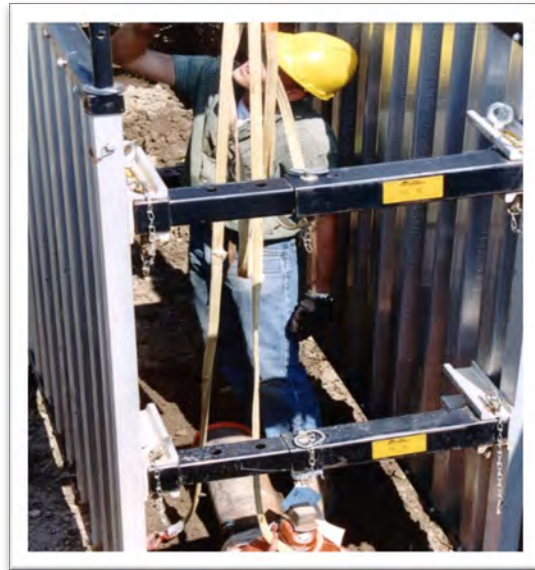




## Available Equipment

### Aluminum Shield Variations

Lightweight Corrugated Aluminum Shields





## Available Equipment

### Aluminum Shield Variations

### Modular Aluminum Shields







## Available Equipment

### Vertical Hydraulic Shores

Uses hydraulic pressure arcs to prevent cave-in

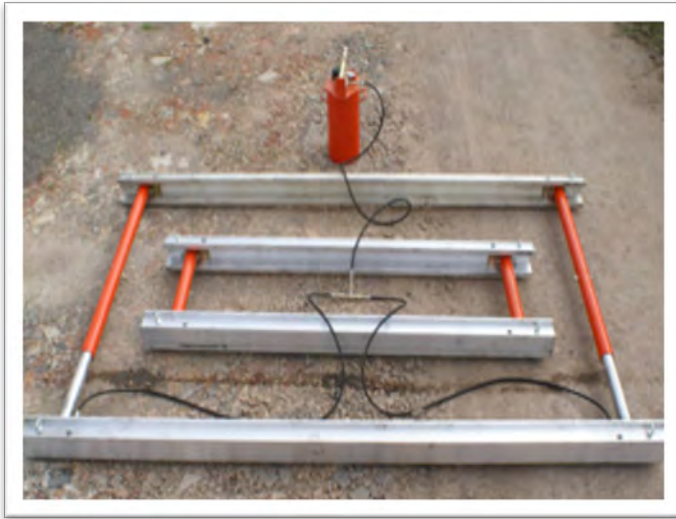




## Available Equipment

### Hydraulic Walers

Greater inside clearance than vertical shores





## Available Equipment

### Hydraulic Manhole Braces





## Available Equipment

**Hydraulic Aluminum Shields**

Hybrid Shoring and Shielding





## Available Equipment

### Steel Sheeting Frames





## Available Equipment

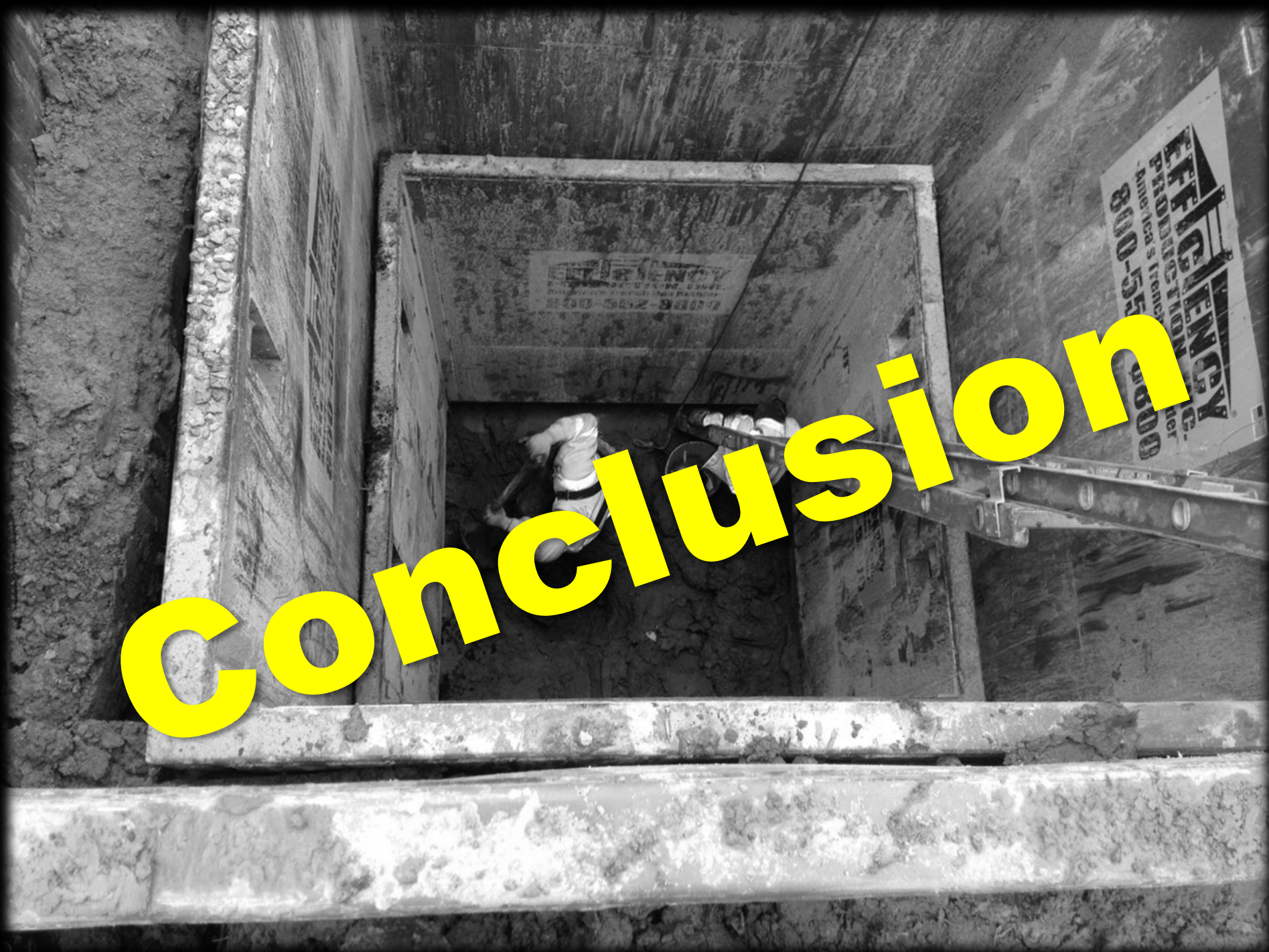
### Aluminum Sheeting Frames



**Conclusion**

**EE GENGY**  
- PROTECTION  
- AMERICA'S TRENCH  
- 800-552-8888

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## Conclusion

- A small excavation can create large problem.
- The safety and production concerns are always present
- If possible – prior planning can limit delays or hazards
- Don't sacrifice safety during emergency operations
- Equipment may be readily available to solve safety and production issues
- Use same thought process for large and small excavations





# QUESTIONS & COMMENTS



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